



SEPTEMBER IS Prostate Cancer Awareness Month

Theme: "Don't Procrastinate....Check Your Prostate"

All men 40 years and older must be checked annually

Tel: 927-4265/ www.jamaicacancersociety.org

Facts About Prostate Cancer:-

- It is estimated that one in 10 men in our population will be diagnosed with prostate cancer which is the leading cancer in Jamaica.
- According to the Ministry of Health data, over 500 Jamaican males died of prostate cancer in 2010.
- Prostate Cancer, if diagnosed in its early stage, can be effectively treated.
- If diagnosis takes place at a late stage of the disease, it will cost millions of dollars to treat and could result in possible death.
- Know your status by getting a Prostate Specific Antigen (PSA) test done, and a Digital Rectal Examination (DRE) by a Urologist.
- Make healthy lifestyle choices by consuming a diet low in fat. Increase your intake of fruits and vegetables. Eat more fish that is rich in omega 3. Exercise daily.

Activity	Date
<p>Prostate Cancer Awareness Day</p> <ul style="list-style-type: none"> • Free PSA & DRE Screening for the first 100 men sponsored by the National Health Fund (N.H.F.) • Health Talks • Booth Displays 	<p>Thursday, September 7, 2017</p> <p>8:00a.m - 3:00p.m Jamaica Cancer Society 16 Lady Musgrave Road Kingston 5</p> <p>Tel:927-4265 Fax: 978-1918 Website:www.jamaicacancersociety.org</p>
<p>Prostate Cancer Medical Conference</p> <ul style="list-style-type: none"> • Specialist Panel presentations from Members of the Jamaica Urological Society • Sponsored Booth displays • Continuing Medical Examination (CME) Credit Hours Certification 	<p>Sunday, September 17, 2017</p> <p>8:30a.m. - 2:00p.m. The Jamaica Pegasus Hotel 81 Knutsford Boulevard (Talk of the Town Suite) Kingston 10</p>
<p>Community Outreach in collaboration with Cornwall Regional & the Rotary Club of Montego Bay</p> <ul style="list-style-type: none"> • Free PSA & DRE Screening for the first 100 men sponsored by the National Health Fund (N.H.F.) • Health Talks • Booth Displays 	<p>Monday, September 25, 2017</p> <p>6:00a.m - 3:00p.m The Meeting Place Trumpet Call Ministries International Howard Cooke Boulevard Montego Bay</p>